

Caffenol Standard Recipe

Saturday 9 August 2025

Mamiya C330

Ilford 120 film HP5+ ISO 400

Ingredients:

- 20 oz of water (450 ml)
Water temp = 70°F
- 2 tbsp of washing soda (sodium carbonate)
- 2 tbsp of Vitamin-C (ascorbic acid)
- 4 tbsp of instant coffee

Pre-Soak:

- Soak in 70°F water for 3 minutes
- Agitate using the spinner for fifteen seconds at the beginning

Develop:

- Develop for ⁹~~10~~ min.
- Agitate using the spinner for ten seconds & tapping every minute except the last minute

Stop Bath:

- Stop bath of running tap water — 2 min.

Fix:

- Fix for ⁷~~6~~ min.
- Agitate w/ spinner — 10 sec. every 30 sec.

Final Rinse:

- 7 min. running tap water